

## **Area Bereavement Committee Meeting Minutes October 9, 2012**

Members Present: David Rivers, Helaine Bolter, Beth Wepplo, Bernice Grabber-Tintes, Bunny Iverson, Deb Gillis, and Colleen Lindstrom

Absent: Jackie Burggraaf, Penny Johnson

Penny Johnson will no longer be able to serve on the committee. Welcome extended to Deb Gillis.

Relationship to Area Service Committee discussed.

Bereavement Workshop:

Date of workshop: February 22, 2013.

Timeline of day: 8:30 am Registration

9-12 noon Workshop

Topic: Shattered Dreams, Sorrows, and Hope:

A Normative Look at Living with On-Going Grief

Speaker: Ted Bowman

Plans for publicity reviewed. A copy of past poster, and cover letter was shown. David Rivers will meet with Mary Nordstrom for assistance in making changes and designing new cover letter and bulletin.

It has been suggested that bullets be added to poster to help with advertisement to attendees.

Suggestions from speaker are: caregivers, losses related to the economy, physical health changes, children with special needs, family changes such as divorce or mental health challenges. Committee suggested it be added, chronic illness and disease, aging, loss of independence, loss of relationships-church, farm, and faith family.

David also will check with Ted Bowman if he plans to bring books and materials for sale.

If so, it was suggested that this be on poster saying cash and check only.

David hopes to bring sample of poster and letter to next meeting for committee to review.

Care Notes looked at, will order 100 each of "The Other Side of Grief" and "Take the Time You Need to Grieve Your Loss."

David explained the plans made by Area Worship Committee for the Evening of Prayer on October 28, at 4 pm at St. Patrick's Church, Kandiyohi. At this time Bereavement Committee is not needed for assistance.

Paraclete DVD's handed out for members to take home and review. Need to be returned by October 20 with completed evaluation form.

Future agenda items: Area Parish weekend visits, Spring 2013.

Future possibilities for Bereavement Sub Committee.

Next meeting date: Tuesday, January 8, 2013 at 2 PM.

Submitted: Colleen Lindstrom