

Area Health & Wellness Meeting

February 14, 2013

Members present: Father Steve, Pat Berg, Mary Pieh, Deb Buffington, Sherrie Grindy, and Mary Nordstrom. Absent: Berdelle Ingeman

We all prayed the Prayer to the Holy Spirit.

The minutes from January 10 were approved.

- AEDs
 - The training in Kandiyohi went well.
 - We discussed the protocol for the AED in Kandiyohi. When Pat is finished with the changes, we will store the document on the computer in the church office in Kandiyohi and post it near the AED.
 - Mary N. will locate the protocol in Spicer.
- AED training in Willmar
 - Because we feel that we should do training after each Mass, we were directed to contact Bev Hartsburg (?) at Ridgewater. There is a fee for \$125 per session.
 - Pat has also contacted Brad Hanson at Willmar Ambulance about doing the training. Brad has identified Lyle Loge as a possible trainer.
 - Father Steve indicated that the last time training was done in Willmar, it was done on a weeknight and about 1/3 of the hospitality ministers attended. He also said that \$125 is not too much to spend.
 - We discussed offering it on Saturday evening one month and Sunday a different weekend. We do feel that having it in Spanish is important. If there isn't a Spanish-speaking trainer, we do have translation equipment.
 - Pat will follow up with Brad and then proceed.
- AED in Lake Lillian
 - Pat will contact Kim to see if the Lake Lillian ambulance service can help or if there are grants available.
- AED policy
 - Sherrie pointed out that we may want to add to the policy who is responsible for checking the equipment on a regular basis.
 - Also, is there a razor with the equipment?
- Pat went over the AED Use Reporting and Maintenance & Training Logs that she put together.
- Health Care / Advance Directives
 - Mary talked to Kelly Sing about doing a session. There would be a one-hour informational meeting, and the people would take the forms home. Then, people would schedule an appointment with one of the trained people.
 - People on hand at the training session would be/could be Kelly, Barb Piaseki, Mark Wermerskirchen, and Dr. Wehseler.
 - Father Steve suggested early April – possibly Wednesday, April 3, April 10, or April 17. A Wednesday removes the conflict of sporting events. Suggested time 6 or 6:30.
 - Mary will take those dates back to Kelly. They will also prepare a bulletin announcement.
- Bereavement workshop

- The mission of the Area Health & Wellness Committee is to promote a holistic healing community, which recognizes health as encompassing body, mind, and spirit.
- Long-range planning
 - This group feels very strongly that the Parish Nurse ministry is very important to our parishes and the AFC.
 - This is a huge responsibility for one person – especially on a part-time basis.
 - Could it be done by just 2-3 volunteers or is a lead-volunteer needed?
 - Would the volunteers be self-appointed, or do they need to apply?
 - There should be a set of annual activities as well as a few additional items added for a given year.
 - Any activity needs to fall within the core responsibilities set by the committee.
 - Even if it is led by volunteers, there still needs to be a budget for AED supplies, training, programs, materials, etc.
 - Detailed objectives and expectations are critical.
 - We agreed that hospital visitation is not a necessary component of this group since Sister Pat, other volunteers, and the priests go there on a regular basis.
 - After-care is more important; understanding their discharge-instructions, and sharing their frustrations.
 - Suggestion to develop cards that the Communion ministers give patients in the hospital instructing them that when they are discharged, they should contact the parish office.
 - The office would then contact the 2-3 people at the top of the tree.
 - Big challenge is to engage volunteers.
 - Father Steve suggested gathering volunteers together, providing some socialization, and explaining the needs of the ministry, and asking them what they were hoping to volunteer to do.
 - Sherrie will work on planning this with Mary N. to give
 - We will do wine and hors-de-oeuvres.
 - Can we get buy-in from discharge planner at the hospital to include our information when people are sent home.
- Virtus Training
 - We will schedule training after we meet with the volunteers so that we see how many need.
- Follow-up
 - We will work on the structure of the committee after we have the social gathering and see what our volunteers want to do.
 - Mary Pieh wants to help build the structure.

Next meeting: Sherrie will get dates for the Teas and then we will meet to plan the objectives for that evening.