

# We are the Body of Christ Activity

## Supplies Needed:

- Children's puzzle (24 piece) or make your own by cutting a piece of paper into 24 pieces.
- Random household objects
- Jell-O, yogurt, pudding, ice cream, or something else easy to eat with a spoon.
- Spoon

## Step 1: Introduce the concept of the Body of Christ:

- St. Paul is the one who gives us this image of the Body of Christ in his letter to the Corinthians. Listen to what he says: (Read [1 Corinthians 12:12-21](#))
- St. Paul helps us understand that each person in the Church is needed in order for the Church to fulfill its mission.
- That mission is what we pray for in the Our Father..."thy kingdom come, thy will be done, on earth as it is in heaven." We want God's kingdom here on earth – which naturally would mean that those in need would no longer be in need and that those of us with plenty would generously share our time and treasure.
- Because each of us has a role to play and gifts to share, the Church can achieve great things—if we all work together.

## Step 2: Assign a Disability

Assign one of the following disabilities to each family member:

- Can't see (cover eyes with a bandana or dish towel)
- Can't walk when needing to move, this person will have to be carried in their chair (a good idea to choose someone small for this one)
- Can't speak
- Can't use dominant hand (if right-handed must use left hand, and vice versa)

## Step 3: Explain the activity

1. The point of this activity is for everyone to work together, just like the Body of Christ (the Church) works together.
2. Each member of your family has been assigned a disability. This disability is going to be his/hers for the entire activity.
3. Your family will need to decide how to accomplish the assigned tasks, but everyone must be involved in every task. These tasks include...
  - Retrieving household items from another room (you choose how many/what specific items).
  - Putting together a puzzle.
  - Memorizing and reciting this Bible verse about the Body of Christ (1 Corinthians 12:26):
    - *If one part suffers, all the parts suffer with it; if one part is honored, all the parts share its joy.*
  - Writing this Bible verse from 1 Corinthians 12:27 (this is the verse following the verse you memorized):
    - *Now you are Christ's body, and individually parts of it.*
  - Eating something (whatever food you chose from above).

\*\* Each member of your group must participate (and complete) all activities.

4. Remind your family: Remember, you must maintain your disability for the entire activity, which means that those who can't talk, can't do so starting now!
5. Complete the five above tasks, working together and supporting one another. Then discuss the following questions:
  - A. How did your disability make it difficult for you to participate?
  - B. What did you need others to do for you?
  - C. What were you able to do for others?
  - D. How did you work together to accomplish your tasks?
  - E. How does this activity connect to the idea of the Church as the Body of Christ?
  - F. What might your role be as part of the Church (Body of Christ)?