

# Epiphany



## Teaching:

- For Grades 1-4, watch [The Story of Christmas \(Jesus and the Wise Men\)](#)
- For Grades 5-8 and Adults, watch [How to Understand the Three Wise Men, Frankincense and Myrrh](#)

**The Feast of Epiphany occurs on January 6 each year (but is often moved to a Sunday between January 2-8). On Epiphany we hear the story of the magi who travel to Bethlehem to see the newborn King (Jesus).**

## Gifts for Jesus

The gifts of Gold, Frankincense and Myrrh are odd gifts for a little child, but each has meaning:

**Gold**—Represents kingship. Jesus is the King of Kings.

**Frankincense**—Is resin that comes from the sap of a tree. It is used as incense due to its pleasant scent. It looks like small milky white rocks and was very valuable in the time of Jesus. It also has a symbolic meaning, representing Jesus' holiness, divinity, and priesthood.

**Myrrh**—Is an expensive spice that was used as incense or for anointing the dead to prepare them for burial. Myrrh represents the sacrifice that Jesus would make on the cross to pay for the sins of the world.

Now you can give a gift to Jesus too!  
Click [here](#) for more information.



## Epiphany Door Blessing

Start by blessing a piece of chalk saying: **Loving God, bless this chalk which you have created. Grant that when we write upon the door of our home we may receive health and protection for all live here and those who visit our home; through Jesus Christ our Lord. Amen.**



Now mark your door with **20 + C + M + B + 21** (*Christus Mansionem Benedicat*, which means *Christ bless this house* in Latin). Then pray the following blessing:

**God of light, bless our home. Make it a haven of rest for all in need of your warmth and care. And when we leave home, may we never lose sight of that Epiphany star. We mark our door with the symbols of the Magi: Caspar, Melchoir, and Balthazar. May all who enter, throughout the year, find love and light: for Christ has come to dwell in our hearts and our home. Amen.**

## King Cake & Epiphany Egnog

Did you know that the King Cake (usually associated with Mardi Gras) is actually a celebration of Epiphany? The Magi were looking for the baby Jesus, just like we look for the baby in a King Cake! Make the [World's Easiest King Cake](#). Then eat the cake and see who finds the baby! The person who finds the baby can choose an activity to do as a family to celebrate the arrival of the Magi.



Need an Epiphany beverage? Here's a recipe for [Golden Epiphany Egnog](#) (alcohol free, of course!).

## Make a Star of Bethlehem

The Magi followed the Star to find Jesus. Now you can make a star (or more than one) to show the world where Jesus resides as well...in your home, in your family, in your hearts. Try one of these options:

### Option 1: Salt Stars



### Option 2: TP Stars

**Pray this Epiphany Prayer at the end of your lesson:**

Lord God of heaven and earth,  
you revealed your only-begotten Son to every nation  
by the guidance of a star.  
Bless us in this new year. Fill us with the light of Christ,  
that our concern for others may reflect your love.  
We ask this through Christ our Lord. Amen.

