

# Catholic Area Faith Community of Jesus Our Living Water Area Health & Wellness Subcommittee

November 26, 2012 – Minutes

Present: Pat Berg, Sherrie Grindy, Mary Pieh, and Mary Nordstrom.

Absent: Deb Buffington, Berdelle Ingeman, Elaine Anderson, Nikki Bradford, and Fr. Steve.

Opened with Prayer to the Holy Spirit.

## I. AED Training

### a. St. Patrick

- i. Atwater Ambulance & Fire will do the training. Pat Berg will contact Veda Stockland to schedule after Mary N. work with Sharon on the possible dates in January.
- ii. We will promote this in the bulletin and put it on the St. Patrick's calendar by mid-December. Certainly, at a minimum we hope that the ushers and hospitality ministers would attend. Catechists would also be a target audience.
- iii. Mary N. was unable to locate Kelly Sing's files on the computer. We will look for a hard-copy. Pat will talk to Kelly about the computer files.
  1. This policy should also identify who (at each parish)

### b. OLOL

- i. Elaine Ruhland and Fr. Jerry are working together in this area.

### c. It is the recommendation of the committee that all of the parishes offer annual training.

## II. Volunteer lists

- a. There are 12 parishioners from the Church of St. Mary are willing to volunteer with home visits and most of those will also help in other areas. Two will only do Blood Pressure clinics and one is currently unable to help, and have not made contact with four people.
- b. OLOL: five people are willing to help with home visits and two with whom we have not made contact.
- c. St. Thomas More: two people who will continue.
- d. There is also a need to work with Sister Pat Imdieke so that she is aware of what is happening, and also because some of the volunteers are serving as Eucharistic Ministers to the homebound. Sherrie will contact Sister Pat.
- e. Sherrie also will contact Kelly and/or Cate to discuss how to determine if a nurse needs to visit someone or if it can be a non-nurse volunteer.
- f. Sherrie will contact the volunteers to notify them that we are making progress, but are not ready to start scheduling them yet.

## III. Health Care / Advanced Directives education

- a. Rice trained some people in this area. There is some confusion about what we are allowed to offer or if we have to go through Rice on this. There may be more issues involved.
- b. There needs to be overall education on this so that people know what they are and that they are not against Church teaching.
- c. Sherrie's vision:
  - i. Include an attorney (or trained volunteers) and a physician and have forms available and help people fill them out.
  - ii. Mary Pieh will talk to Kelly, Mark Wermerskirchen (from OLOL) and Dr. Wehseler about this.

## IV. Medical Appointment accompaniment

- a. Pat talked to people at ACMC and FPMC about this possible service. Neither had any problem with this.
  - b. Recommendation from the clinics that it be a consistent volunteer – although we cannot guarantee that.
  - c. There need to be very strict guidelines on what role these people should play. This needs to be covered during the training.
  - d. Pat talked about ACMC’s “Medical Home” service, which provides additional help for patients with complex needs.
  - e. We are tabling this for right now as we can’t tackle everything at once.
- V. Parish Nursing files on computers
- a. Unable to find Kelly’s files on the St. Mary’s server. Pat will contact Kelly.
  - b. Cate has many hard-copy files in the office at OLOL.
- VI. Brainstorming
- a. Suggestion to invite Kelly and Cate to the next meeting.
    - i. Please compile any questions you may have for Kelly and Cate and send them to Sherrie. She will forward them so that they can be better prepared at the meeting.
  - b. Long-range plans would be discussed when more members are present.

Long-range planning

- I. Define the program
- II. Perform a needs assessment or survey in the parishes
- III. Finalize the services to offer
- IV. Begin training of volunteers
- V. Present to parishes

Next meeting: meet during the Area Committee Meetings on Tuesday, January 8, 7:00 pm at the Church of Our Lady of the Lakes.

Respectfully submitted,  
Mary Nordstrom