

# Holy Week



## Introduction to Holy Week:

- For Grades 1-4, watch this video: [Holy Week and Easter Explained with LEGO](#)
- For Grades 5-8 and Adults, watch this video from Busted Halo: [Holy Week in 3 Minutes](#)

**This week's lesson is meant to be done over a few days. Holy Week begins Sunday, March 28 with Palm Sunday and ends with the celebration of Easter on Sunday, April 4. This lesson is designed for you to walk with Jesus as a family, experiencing what he experienced throughout the coming days. There is a short video about Holy Week (above) and then a video each day to walk you through the theme of the day, followed by an activity to do together as a family. May these, the holiest days of the Church year be filled with grace, peace, and love for you and your family. ~ God's blessings to you!**

## Palm Sunday



**1. Scripture:** Read [Mark 11:2, 7-10](#)

**2. Video:** Watch the [Skit Guys video](#) on Palm Sunday.

**3. Activity:** Set up a Holy Week Prayer Space in your home. Place a cloth on a small table. Then put your family Bible on the table, along with a candle to be used throughout the coming days of Holy Week.

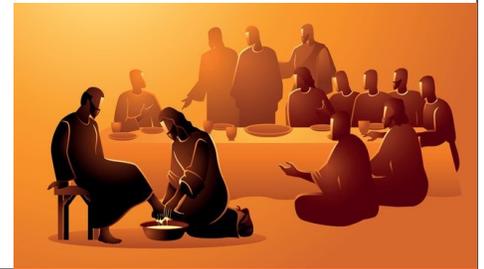
**4. Prayer:** Do this short [prayer service](#) to mark the beginning of Holy Week with your family.

## Holy Thursday

**1. Scripture:** Read [John 13:1-15](#)

**2. Video:** Watch [Breaking the Habit: Holy Thursday \(0:00-5:25\)](#) Stop the video at 5:25 (when he begins talking about Good Friday).

**3. Activity/Prayer:** Just as Jesus washed the disciples' feet, as a family take the time to wash each others' hands or feet in the [prayer service](#) to celebrate this day.



## Good Friday



**1. Scripture:** Read [John 19:16-18, 25-30, 40-42](#)

**2. Video:** Watch [Catholic Central's video: Good Friday](#) or [Breaking the Habit: Good Friday \(5:25-8:43\)](#) Start the video at 5:25 (when he starts talking about Good Friday). Stop the video at 8:43 (when he starts talking about the Easter Vigil).

**3. Activity:** Add a crucifix to your prayer table. If you don't have a crucifix, make a cross out of twigs from your yard and add it to your prayer space.

**4. Prayer:** Do this short [prayer service](#) as a family to commemorate Good Friday.

## Easter Vigil

**1. Scripture:** Read [Romans 6:3-11](#)

**2. Video:** Watch [Breaking the Habit: Easter Vigil \(8:43-15:47\)](#) Start the video at 8:43 (when he starts talking about the Easter Vigil).

**3. Activity:** Prepare and bake [Resurrection Rolls](#) in the evening. On Sunday morning, break open the rolls to find the empty tomb!



**4. Prayer:** Do this short [prayer service](#) as a family in preparation for Easter.