

**Catholic Area Faith Community of Jesus Our Living Water
Parent and Youth: Eucharist curriculum**

Lesson: Learn about the Sacrament of Eucharist

Each station (1-6) will showcase an aspect of our communion with Christ. Read aloud the station's explanation and try the activity at the station.

Objectives

- Identify the name of the station. Read the explanation.
- Understand how the activity corresponds with the symbol.

Time 10-12 minutes: Each station should take approximately only 10 minutes. Please be respectful of the allotted time in order for all to complete each station.

1. **We Are Many Parts:** complete gifts worksheet & paint ceramic bowl
2. **Jesus Feed Five Thousand:** read story & play Loaves & Fishes game
3. **Jesus Is The Bread Of Life:** taste breads
4. **The Parts of the Mass:** put puzzle together
5. **Liturgical Items:** match cards with description
6. **The Gift of Eucharist:** watch two video clips

