

Reconciliation



Teaching:

- For Grades 1-8, watch this video from Catholic Central: [Reconciliation](#)
- For Adults, watch Fr. Mike's video on [Reconciliation](#)

Pope Francis tells us not to be afraid of the Sacrament of Reconciliation. Perhaps the most misunderstood sacrament of the Catholic Church, Reconciliation is an opportunity to grow in our relationship with God and one another (just like Jesus taught with the two great commandments: love God and love your neighbor). Check out these activities for a new understanding of the sacrament and a way to make Reconciliation come to life.

A Pumpkin Reflection

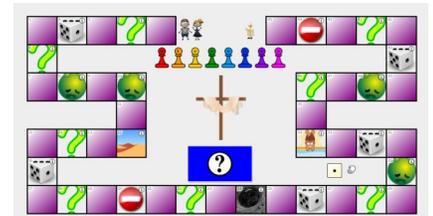
Purchase a pumpkin from a local grocery store before this activity. Then walk through this [activity](#) to reflect on how we live our daily lives.



Then check out these pumpkin [recipes](#)!

Reconciliation Digital Board Game

It's Family Game Night! Play this [digital board game](#) about the Sacrament of Reconciliation.

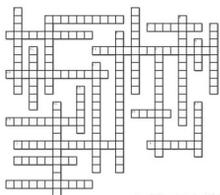


How to Play:

The youngest player goes first. Click on the die and move your chosen piece that number of squares forward. Click on the small "i" for more instructions. The first person to reach the end of the game (Finish) wins!

Reconciliation Puzzles

Grades 1-3: Complete this [Digital Word Search](#) with terms about the Sacrament of Reconciliation!



Grades 4-8: Complete this [Digital Crossword](#) to test your knowledge of the Sacrament of Reconciliation!

- Across**
1. The Sacrament of Reconciliation
 2. The Sacrament of Reconciliation
 3. The Sacrament of Reconciliation
 4. The Sacrament of Reconciliation
 5. The Sacrament of Reconciliation
 6. The Sacrament of Reconciliation
 7. The Sacrament of Reconciliation
 8. The Sacrament of Reconciliation
 9. The Sacrament of Reconciliation
 10. The Sacrament of Reconciliation
- Down**
1. The Sacrament of Reconciliation
 2. The Sacrament of Reconciliation
 3. The Sacrament of Reconciliation
 4. The Sacrament of Reconciliation
 5. The Sacrament of Reconciliation
 6. The Sacrament of Reconciliation
 7. The Sacrament of Reconciliation
 8. The Sacrament of Reconciliation
 9. The Sacrament of Reconciliation
 10. The Sacrament of Reconciliation

Daily Examen

One way to become more comfortable with the Sacrament of Reconciliation is to do reflect each day on where we have seen God, the times we could have made better choices, and praying for God's help to do better in the future.

Check out these *Examens* (based on the prayer form of St. Ignatius) as a way to end your day. Try this new bedtime ritual for your family this Lent!

[Children](#)

[Teens](#)

[Adults](#)



The Examen

Pray this Act of Contrition to close this lesson.

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good I have sinned against you, whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy. Amen.